

Awareness Of First Aid For Mental Health - Level 1

Open client training available at our Northamptonshire based training centres by qualified & professional medical instructors. This course is advisable for all individuals within the workplace as a basic understanding of mental health. Training conforms to HSE guidelines with national accredited certification supplied to all successful delegates.

COURSE AIM:	To enable delegates to be aware of first aid for mental health within the workplace	
PRE-REQUISITES:	Minimum of level 2 English reading & writing	
WHO SHOULD ATTEND:	Workplace operatives requiring basic understanding of mental health within an organisation	
COURSE CONTENT:	What is First Aid for Mental Health? Identifying mental health conditions Providing advice & starting a conversation	
PRACTICAL CONTENT:	None required however conversing with colleagues is included	
ASSESSMENT:	Question paper	
DURATION:	4 Hours	
REQUALIFICATION:	3 years	
MAXIMUM DELEGATES:	10	
OPEN CLIENT DELEGATE COST:	£65+VAT per delegate	
OPEN CLIENT COURSES AT ROCKINGHAM 2020:	January 28 th February 6 th March 3 rd April 9 th May 19 th June 18 th	July 9 th August 20 th September 24 th October 8 th November 3 rd December 2 nd
OPEN CLIENT COURSES AT WHILTON MILL 2020:	February 25 th May 27 th	July 8 th November 19 th
DEDICATED ON-SITE COST:	£650+VAT max 12 delegates (travel expenses may also apply)	
BOOKINGS:	Online via our website www.meditechglobal.co.uk or call us on 01536 206010 or email us at info@meditechglobal.co.uk	

