

First Aid For Mental Health - Level 2

Open client training available at our Northamptonshire based training centres by qualified & professional medical instructors. This course is advisable for individuals tasked with supporting workplace mental health in companies of all sizes. Training conforms to HSE guidelines with national accredited certification supplied to all successful delegates.

COURSE AIM:	To enable delegates to be supportive in providing first aid for mental health to colleagues within the workplace	
PRE-REQUISITES:	Minimum of level 2 English reading & writing	
WHO SHOULD ATTEND:	Supervisory level operatives responsible for supporting workplace mental health within an organisation	
COURSE CONTENT:	What is First Aid for Mental Health? Identifying mental health conditions Providing advice & starting a conversation Drugs & alcohol First Aid For Mental Health action plan First Aid For Mental Health in the workplace	
PRACTICAL CONTENT:	Communications skills & conversing with workplace colleagues	
ASSESSMENT:	Question papers & practical exercise	
DURATION:	1 Day (refreshments & lunches inc. on open client courses)	
REQUALIFICATION:	3 years	
MAXIMUM DELEGATES:	10	
OPEN CLIENT DELEGATE COST:	£125+VAT per delegate	
OPEN CLIENT COURSES AT ROCKINGHAM 2020:	January 20 th February 17 th March 20 th April 20 th May 1 st June 19 th	July 6 th August 17 th September 25 th October 7 th November 2 nd December 1 st
OPEN CLIENT COURSES AT WHILTON MILL 2020:	February 24 th April 9 th	July 7 th September 30 th
DEDICATED ON-SITE COST:	£850+VAT max 12 delegates (travel expenses may also apply)	
BOOKINGS:	Online via our website www.meditechglobal.co.uk or call us on 01536 206010 or email us at info@meditechglobal.co.uk	

