

Supervising First Aid For Mental Health - Level 3

Open client training available at our Northamptonshire based training centres by qualified & professional medical instructors. This course is advisable for individuals responsible for workplace mental health in companies of all sizes. Training conforms to HSE guidelines with national accredited certification supplied to all successful delegates.

COURSE AIM: To enable delegates to be responsible for providing first aid for mental health to colleagues within the workplace

PRE-REQUISITES: Minimum of level 2 English reading & writing

WHO SHOULD ATTEND: Supervisory or managerial level operatives responsible for workplace mental health within an organisation

COURSE CONTENT: What is First Aid for Mental Health?
Identifying mental health conditions
Providing advice & starting a conversation
Drugs & alcohol
First Aid For Mental Health action plan
First Aid For Mental Health in the workplace
Identification of a range of Mental Health conditions including:
Depression, Stress, PTSD, Self-harm, Suicide,
Eating disorders, Personality disorders, Bipolar disorder,
Psychosis, Schizophrenia & Anxiety

PRACTICAL CONTENT: Communications skills & conversing with workplace colleagues

ASSESSMENT: Question papers & practical exercise

DURATION: 2 Day's (refreshments & lunches inc. on open client courses)

REQUALIFICATION: 3 years

MAXIMUM DELEGATES: 10

OPEN CLIENT DELEGATE COST: £205+VAT per delegate

OPEN CLIENT COURSES AT ROCKINGHAM 2020:	January 30-31 st	July 2-3 rd
	February 20-21 st	August 13-14 th
	March 30-31 st	September 3-4 th
	April 16-17 th	October 15-16 th
	May 28-29 th	November 5-6 th
	June 11-12 th	December 7-8 th

OPEN CLIENT COURSES AT WHILTON MILL 2020:	March 5-6 th	August 18-19 th
	June 29-30 th	November 12-13 th

DEDICATED ON-SITE COST: £2050+VAT max 12 delegates (travel expenses may also apply)

BOOKINGS: Online via our website www.meditechglobal.co.uk or call us on **01536 206010** or email us at info@meditechglobal.co.uk

