

Emergency First Aid – Level 3

Training delivered at our Corby training centre or on your site by qualified & experienced medical instructors. Training includes nationally accredited certification awarded on successful completion. Course advisable for companies seeking HSE compliance with a small workforce and/or low risk of workplace injury.

COURSE AIM:

To enable delegates to be responsible for providing first aid within the workplace.

PRE-REQUISITES:

Minimum of level 2 English language. Able to achieve physical elements of training.

WHO SHOULD ATTEND: Any person responsible for application of first aid within the workplace

COURSE CONTENT: Role of the first aider, Assessing the situation in a medical emergency, Reporting & recording of incidents & accidents, Safe use of an automated external defibrillator (AED). Additionally:

- casualty primary & secondary survey
- cardio pulmonary resuscitation & AED
- response to partial or full choking
- response to wounds inc. critical bleed injury
- response to seizure
- response to patient in shock
- response to allergic reaction/anaphylaxis
- handover to emergency services

PRACTICAL CONTENT:

- Able to demonstrate Cardio Pulmonary Resuscitation (CPR) & safe use of AED
- Able to demonstrate patient being placed in to recovery position
- Able to demonstrate first aid techniques inc. response to choking & critical wound care

ASSESSMENTS: Practical exercises

COURSE DURATION: 1 Day

REQUALIFICATION:

- Re-sit 1 day Emergency First Aid every 3 years

MAXIMUM DELEGATES: 12

COURSE COST: £100+VAT per delegate

2026 COURSE DATES LISTED ON WEBSITE